



# Work out without the markup

Stay active your way – at the gym, in a studio, or from your living room. With Active&Fit, gain access to thousands of fitness locations and online workouts, plus wellness tools.

- Over 12,700+ gyms for \$28/month, plus no enrollment fee.
- Save 20-70% at 9,400+ premium exercise studios.
- Easily sign up, switch gyms, or cancel online without fees or penalties.
- Get \$5 off each additional gym you join.
- Connect one-on-one with a personal wellbeing coach.
- Access to 14,00+ on-demand workout videos.

## Save at locations nationwide



<http://www.aetna.com>

Log in with your user name and password.  
Click on the **Health & Wellness Tab > Health & Wellness Discounts > Click on any of the Health and Wellness tiles** to access the **LifeMart Discount Website**

